

## MOMENTS

SPRING 2025

SHARING MOMENTS. CONNECTING COMMUNITIES.

FROM THE PRESIDENT'S DESK



Swing into spring!

Bayley's Annual

Golf Classic is Right Around the Corner

As we enter a season of celebration, I am excited to share two pieces of news. We are celebrating our recent milestones and upcoming events and welcoming new leadership.

We've seen incredible achievements—from our first anniversary events at Bayley at Green Township to our lively community gatherings and enriching programs. These celebrations are a testament to the vibrant community we've built together, which defines Bayley Senior Care.

I am delighted to introduce two leaders who have joined our family. Ryan Skeldon, Chief Financial Officer, brings financial management and strategic planning expertise to our team. Ryan will play a crucial role in his commitment to fiscal responsibility and will help us continue to invest in programs that enrich the lives of our residents and support the community we cherish.

Rachel Wirth, Chief Operating Officer, brings experience in operational excellence and program management. Her visionary approach and dedication to enhancing service delivery will ensure that our operations meet the needs of our residents and families. I am confident she will inspire all of us to reach new heights.

Thank you for being an integral part of our journey.

Warm regards,

Bill Coury
PRESIDENT AND CEO

As the vibrant spring season unfolds, Bayley Senior Care invites you to our Annual Golf Classic—a day dedicated to community, camaraderie, and spiritual connection on the greens. This event, set against the scenic backdrop of Western Hills Country Club on May 19, 2025, promises a blend of spirited competition, fun, and philanthropy.

In this special event, we are honored to recognize the enduring commitment of the Sisters of Charity, whose compassionate work has enriched our community. We also extend our heartfelt gratitude to our sponsors, whose generous support helps make the Golf Classic and our innovative programs possible. Their contributions ensure that every swing on the course brings joy to our community and makes a real difference in the lives of our residents.

The funds from the Golf Classic directly support our programs at Bayley—from resident engagement activities to broader community outreach initiatives. It's a day where every drive and putt contributes to building a brighter future for those we serve.

While your participation in the event makes a significant difference, donations are equally important in sustaining and expanding our programs. Whether you're a golfer, a volunteer, or someone who wants to support our community from afar, every contribution helps us enhance the lives of our residents and the community. Consider donating to help our initiatives thrive and make a lasting impact.

As the Director of Development, I invite you to tee off with us at the Bayley Senior Care Annual Golf Classic. Together, we'll celebrate the joys of community, the thrill of the game, and the spirit of giving back. Mark your calendars for May 19, 2025—let's make this a day to remember!

**Save the Date** 



ALLIUM ANGULOSUM, ALSO KNOWN AS WILD GARLIC OR MOUSE GARLIC IS EDIBLE WITH VARIOUS CULINARY AND MEDICINAL USES

May 19, 2025
Western Hills Country Club

Did you know Dandelions are good for your lawn. Their wide-spreading roots loosen hard-packed soil, aerate the earth and help reduce erosion.

COMMITMENT TO VOLUNTEERING

FRIENDSHIP & SUPPORT

## **Celebrating 40 Years of Bayley Adult Day**



Bayley Adult Day is turning 40, and we couldn't be more excited to celebrate this incredible milestone with our members, families, and community. Since opening in 1985, our program has been a place of care, connection, and support, enriching lives and bringing people together.

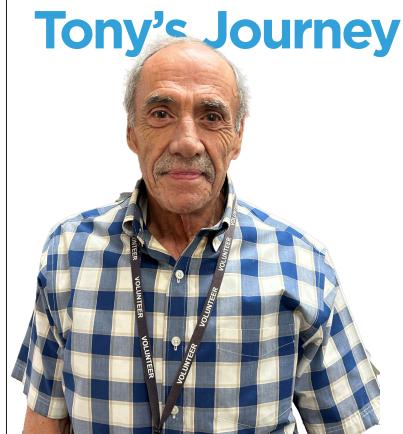
It all started with a simple yet powerful vision: to create a space where older adults could receive the care they need while staying active and engaged. What began with just a handful of participants has grown into a thriving program that has touched countless lives. Over the years, we've expanded our services, added new activities, and continued to evolve to meet the needs of our members and their families.

Bayley Adult Day is more than just a program—it's a community. We provide a well-rounded experience that includes healthcare services, social activities, nutritious meals, and transportation. Members enjoy engaging activities, meaningful friendships, and the peace of mind that comes from knowing they're in a safe, caring environment. For caregivers, our program is a lifeline, offering muchneeded support, respite and reassurance that their loved ones are in good hands.

Dawn Meister the Director of our Adult Day Program said, "What truly sets Bayley Adult Day apart is the warmth and dedication of our staff, volunteers, and community partners. Every day, they go above and beyond to create a welcoming space where members feel valued and connected. Whether it's through a shared meal, a fun activity, or a simple conversation, the bonds formed here are what make our program so special."

To celebrate 40 amazing years, we're hosting a big birthday party on August 5, 2025, and you're invited! Expect great food, live entertainment, fun activities, and plenty of stories and laughter as we reflect on our journey and look forward to the future.

We are so grateful for everyone who has been part of Bayley Adult Day's story. As we mark this milestone, we remain committed to providing the best possible care and experiences for our members. Here's to 40 years of friendship, support, and community—and many more to come!



Seven years ago, Tony walked into Bayley to visit a neighbor, not realizing he was stepping into a new chapter of his life. What started as a simple act of friendship turned into something much bigger—a passion for giving back. Now, at nearly 80 years old, Tony is a beloved part of Bayley Adult Day, where his kindness and dedication brighten the lives of everyone around him.

"I was retired and needed something to do," Tony recalls. "I started meeting different people here, and I found it really inspiring. That's when I knew—this was where I wanted to be." Since then, Tony has become a steady presence at Bayley Adult Day.

"I just enjoy being here," he says. "The members, the staff, the whole environment—it's good for me. For Tony, volunteering isn't just something he does—it's a part of who he is. Living alone, Bayley has become his community, a place where he finds connection and purpose. It also keeps him active, both physically and mentally. "It keeps me moving and keeps my mind sharp," he says. "I'm on my feet, doing things, staying engaged. It's good for me in every way."



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"The members, the staff, the whole environment—it's good for me.

While many count down to the weekend, Tony looks forward to Mondays. "People say, 'Thank God it's Friday,' but I say, 'Thank God it's Monday,' because I get to come back here; this is my social life now, and I wouldn't trade it for anything."

Tony remains as committed as ever, encouraging others to try volunteering. "You have to be open-minded and ready for a real connection," he says. "But if you are, it's one of the most rewarding things you can do."

# Bayley at Green Township Happy 1st Anniversary!

April 1, 2025, marks a significant milestone as we celebrate the first anniversary of Bayley at Green Township! Over the past year, this community has grown into a vibrant, welcoming home for residents, families, and staff. From the success of the Helping Hands volunteer program to our engaging activities and carefree living, we are proud of all we have accomplished together.

In honor of our tremendous growth this year, we're embracing a Garden theme throughout our April events.

#### Here's what to expect:

#### **Spirit Week Kickoff**

We'll launch the celebrations with a spirit week designed by our residents. Knowing our creative community, expect to see some delightfully funny and imaginative attire that celebrates both individuality and our shared joy.

#### April 7th Beer Garden Party

Join us on our beautiful patio for a festive Beer Garden party. We'll cook out, share a year in review, and raise a toast to cheer our first year's wonderful memories and successes. With the spirit of community in the air, it's an event you won't want to miss!

### **Green Thumbs Unite**

We'll create gardens featuring herbs and flowers for our many gardening enthusiasts. In partnership with the Boy Scouts of America, we'll build raised beds, pots, and more, fostering a sense of growth and connection both in our gardens and in our lives.

## April 30th Dedication Plaque Ceremony

We'll hold a dedication plaque ceremony on April 30th to commemorate our first year. This special moment will honor our journey and set the stage for many years of community and celebration.

Thank you for being part of our journey. We look forward to celebrating these moments with you and a future full of growth and shared happiness!











## **Bayley Team Wellness Challenge**

The Bayley Team 5-week
Wellness Challenge, now in its
third year, kickstarts wellness
journeys, especially at the start
of the year when many focus
on fresh starts. This teambased approach strengthens
social wellness through
accountability and motivation.
Teams of four competed by
tracking progress in key areas
like physical activity, nutrition,
hydration, sleep hygiene, and
mindful technology use.

While competition added fun, real success came from personal victories—establishing sleep routines, increasing water intake, or becoming more mindful of daily habits.

The Team to Beat emerged victorious among fitness members, followed by All 4 One X-Men and Jones's Juniors, both showing remarkable commitment. Among employees, Don't Stop Until U Drop took the lead, with Tired and Exhausted and Cirque du Sorelegs close



behind, showcasing enthusiasm and teamwork. Vicki Schickner led the fitness members in high points, with John Martin and Richard Jones rounding out the top three. Christina Grooves claimed the highest employee score, followed by Judy Roth and Leah Ruehl. Fabulous won Most Creative Team Name for fitness members, while Cirque du Sorelegs stood out among staff. All for One X-Men earned Most Spirited Team for fitness members, while Tired and Exhausted won for staff.

Congratulations to all participants for their dedication!



LIFE IN EVERY MOMENT

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BayleyLife.org

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#### A NEW REASON TO CELEBRATE

## 5-Star Marketplace Self-Serve Bistro



Big changes are happening at Bayley, and we couldn't be more excited! Thanks to a partnership between Bayley Dining and 5 Star Marketplace, our employee and guest dining area just got a major refresh. Now, we have a brand-new self-serve bistro that's open 24/7, 365 days a year. Whether you need a quick bite, a fresh meal, a hot cup of coffee, or your favorite drink, the 5 Star Marketplace Self-Serve Bistro has you covered.

Two self-serve bistro locations: a larger version at the main campus bistro and a mini bistro at the wellness center. No matter where you are, a delicious option is just around the corner!

Paying is easy! You can use a credit card, download the Connect and Pay app, or set up a key card for fast, hassle-free purchases. Key cards are available at the bistro and can be loaded with cash for added flexibility.



This upgrade is all about making life easier and meals more enjoyable for everyone at Bayley. So, please stop by, check it out, and celebrate this exciting new addition with us!



### Bayley University: A Thriving Spring Semester

Bayley University is well into its spring semester, with a strong turnout of members engaging in diverse courses. So far, between 50 and 60 participants have taken advantage of the enriching educational offerings designed to support lifelong learning and holistic wellness.

One of the most popular courses this semester is The Aging Brain, taught by Sarah Niederhausen, a speech and language pathologist. This course explores cognitive and language changes associated with normal aging versus dementia illnesses. Participants learned about executive function, memory, word-finding, thought organization, problem-solving, reasoning, and processing. It also provided strategies for maintaining cognitive health and independence.



Other exciting offerings this semester included a healthy nutrition and weight loss course led by a dietitian and personal trainer and an indoor golf class focused on putting, chipping, and game strategy.

Looking ahead, new classes are set to begin in April, including Yoga: The Path to Enlightenment and Movement is Medicine. While the current semester will conclude at the end of April, Bayley University always seeks passionate instructors to contribute their expertise. If you have an area of interest or expertise, consider reaching out to join our fall semester lineup starting in September.

## Welcome to the Bayley Family



Ryan Skeldon, CFO

Rachel Wirth, COO

## **Upcoming**Events

**April 20-26** 

National Volunteer Week

**April 24** 

Volunteer Mass in the Enrichment Center 10:30am

**August 5** 

Adult Day 40th Birthday