



BAYLEY ADULT DAY MENU

AUGUST 2026

MONDAY 3	TUESDAY 4	WEDNESDAY 5	THURSDAY 6	FRIDAY 7
Tossed Salad Red Bean Chili Spaghetti Diced Peached Snack: Apple Cinnamon Muffin	Broccoli Bacon Ranch Pasta Chicken Subs Carrots Fresh Fruit Snack: Applesauce	Spinach Blueberry Salad Tuna Salad on a Croissant French Fries Mixed Vegetables Watermelon Banana Bread	Hawaiian Fruit Salad Hot Ham & Swiss Sandwich Breaded Green Beans Snack: ½ PB Sandwich	Italian Salad Vegetable Ravioli Sicilian Mixed Vegetables Garlic Breadstick Crushed Pineapple Snack: Nutri-Grain Bar
MONDAY 10	TUESDAY 11	WEDNESDAY 12	THURSDAY 13	FRIDAY 14
Steak Hoagie Potato Wedges Carrots Mandarin Oranges Snack: ½ PB Sandwich	Pasta Salad Grilled Ham & Cheese Green Beans Peaches Snack: Apple Cinnamon Muffin	Tossed Salad Meatballs Spaghetti Italian Mixed Vegetables Fresh Fruit Garlic Breadsticks Snack: Applesauce	Cucumber/Tomato Salad Chicken Salad Croissant Mixed Vegetables Cantaloupe Snack: PB Crackers	Fish Sticks Macaroni & Cheese Stewed Tomatoes Applesauce Snack: Nutri-Grain Bar
MONDAY 17	TUESDAY 18	WEDNESDAY 19	THURSDAY 13	FRIDAY 14
Big Boy Hamburgers Fries Tossed Salad Peaches Snack: Fresh Fruit	Pulled Pork Sweet Potato Tater Tots Coleslaw Mandarin Oranges Snack: ½ PB Sandwich	Turkey Club Mixed Vegetables Pasta Salad Crushed Pineapple Snack: Banana Bread	Spinach Pasta Salad Chicken Ranch Croissants Mandarin Oranges Snack: Nutri-Grain Bar	Grilled Cheese French Fries Broccoli Pears Snack: Graham Crackers
MONDAY 24	TUESDAY 25	WEDNESDAY 26	THURSDAY 27	Friday 28
Grilled Chicken on a Bun Sweet Potato Fries Peas Peaches Snack: Applesauce	Caesar Salad Steak Hoagie with Mushrooms Fries Mandarin Oranges Snack: Nutri-Grain Bar	Cincinnati Chili Spaghetti Mixed Vegetables Oyster Crackers Cheese Pineapple Tidbits Snack: ½ PB Sandwich	Hot Roast & Cheddar Curley Fries Carrots Pears Snack: PB Crackers	Greek Pasta Salad Egg Salad Croissants Mixed Vegetables Fruit Cocktail Snack: Banana Bread
MONDAY 31				
Petty Melts Side Winder Fries Carrots Cantaloupe Snack: ½ PB Sandwich				

Daily Activity Program Information

Lunch Components	Serving Size	# Serving
Milk, Fluid Fruit or vegetable or Full-Strength Juice Serve 2 or more vegetables or fruits for a total 1 cup	1 cup 1/2 cup	1 2
Bread or Bread Alternate cornbread, biscuits, muffins, rolls	1 slice	2
Cooked pasta, noodles, or grains	1/2 cup	
Meat or Meat alternate lean meat, poultry, fish, cheese, eggs, cooked dry peas, or bean Peanut butter (d) diabetic Menu subject to change	3 ounces 1/2 cup/4tbl	1

All Meals Served with milk margarine is included unless meal is sandwich-style. menu is subject to change without notice.

Substitution: Peanut Butter and Jelly Sandwich is available upon request

Please inform us of any special restrictions

Box Lunch: Field Trips
Contents vary depending on weekly rotation



BAYLEY ADULT DAY

NEWSLETTER

AUGUST 2026



Attendance & Scheduling Reminders:

If your loved one will be absent or you need to add or change a scheduled day, please call our secretary at **513-347-1418**.



For the quickest assistance, **we ask that a family member or caregiver contact the secretary directly rather than asking the member to communicate any changes.** This helps us ensure attendance and scheduling changes are received and updated correctly.

Please also remember that drop-off and pick-up are busy times, so calling the office is the best way to communicate scheduling needs.

Thank you for your partnership and cooperation!

Special Notice:



Please note that coming soon will be a Caregiver Survey. Please fill it out and return to us. There will be hard copies available at the front office.

From the Nurses:

Medication Reminder

To ensure the safety of all members, please provide the most current prescription information for any medication your loved one receives while attending Bayley Adult Day. Nurses can only administer medications when the correct, up-to-date prescription is on file.

When dropping off medication, please include the medication name, current prescription information, and any special instructions. If a nurse is unavailable, please call **513-347-5441** and leave a voicemail with the necessary information.

Thank you for helping us provide safe, high-quality care!

– Bayley Adult Day Nursing Staff, Maria and Deai



Drop-Off & Pick-Up Reminder

When dropping off or picking up your loved one, please pull forward as far as possible under the undercroft. This helps ensure that multiple families can safely and efficiently pick up and drop off at the same time. Thank you for helping us keep traffic flowing smoothly.